* Introduction
  + Feeling of wasted life
  + Feeling that things are non-stop
* Solution: Live wisely…
  + Paul has been comparing before and after
  + Call to wisdom
    - Understanding what the Lord’s will is
* …In what you always did
  + Not abandoning all previous activities, but making the most of them
    - Making the most of every opportunity
  + Not talking about sin
    - Do not get drunk on wine
* …In what you now do
  + (Being filled with the spirit)
  + Speaking, singing, thanking, submitting
* Conclusion:
  + Wisdom for daily life: look to Christ